



# **DIPLOMA OF REMEDIAL MASSAGE**

# **COURSE BROCHURE**

Course Code: HLT52021

This brochure provides the information you need to know about enrolling in the HLT52021 Diploma of Remedial Massage. Please read this course brochure in conjunction with the Student Handbook and information available on the college website <a href="https://www.cmi.vic.edu.au">www.cmi.vic.edu.au</a>

# **COURSE DETAILS**

Provider Name	Malvern Institute Pty Ltd trading as Central Melbourne Institute (CMI)
RTO Code	40669
CRICOS Provider Code	03351G
CRICOS Course Code	113939J
National Course Code	HLT52021
Location of Course	Level 6 460 Bourke Street MELBOURNE VIC 3000 AUSTRALIA
Delivery Mode	This program is delivered face to face in the classroom and professional massage clinic.
Duration	104 weeks, including 88 study weeks and 16 weeks of holidays.
Study Load	20 hours of classroom training and assessment per week plus approximately 2 hours of unsupervised self-study per week. Study load also includes 200 hours of work placement over 104 weeks.

### **COURSE OVERVIEW**

This qualification reflects the role of remedial massage therapists who work with clients presenting with soft tissue dysfunction, musculoskeletal imbalance, or restrictions in range of motion (ROM). Practitioners may be self-employed or work within a larger health service. To achieve this qualification, the candidate must have completed at least 200 hours of work as detailed in the Assessment Requirements of units of competency. No licensing, legislative, regulatory or certification requirements apply to this qualification at the time of publication. The latest release of the qualification and packaging rules can be found at the following link:

https://training.gov.au/Training/Details/HLT52015

#### WHO SHOULD APPLY FOR THIS COURSE AND WHY?

This course is targeted at international students who are:

- ♣ People already working in the massage industry wanting to upgrade their industry skills.
- People wanting to upgrade their massage qualification.
- People wanting specialised skills.
- ♣ People wanting to pursue a career as a remedial massage therapist.
- People seeking to return to the workforce in the massage industry following unemployment or mature aged people looking to upgrade their skills and knowledge.
- People working in an industry where massage could enhance their jog role i.e. aged care workers, health service workers.

Completing this course may provide you with employment or learning opportunities. Potential employment options are in a range of massage therapist and/or Remedial Massage Therapist job roles in Complementary/Alternative Health industry. Further education pathways may include Advanced Diploma of Myotherapy, and/or you may choose to undertake higher level qualifications such as HLT62615 Advanced Diploma of Ayurveda.

Kindly note that Central Melbourne Institute does not:

- Guarantee any job or employment outcomes.
- Guarantee a successful education assessment outcome for the student or intending student.
- Claim to commit to secure for, or on the student or intending student's behalf, a migration outcome from undertaking any course offered by CMI.

### WHAT CAN I EXPECT?

The following units are included in this course, and all are required for the award of the qualification. Students who only complete some units will be awarded with a Statement of Attainment for units successfully completed. A Certificate and Record of Results will be issued to students who complete all course requirements.

CODE	TITLE	CORE/ELECTIVE
CHCCOM006	Establish and manage client Core relationships	
CHCDIV001	Work with diverse people	Core
CHCLEG003	Manage legal and ethical compliance	Core
HLTAAP002	Confirm physical health status	Core
HLTINF004	Manage the prevention and control of infection	Core
HLTMSG009	Develop massage practice	Core
HLTMSG010	Assess client massage needs	Core
HLTMSG011	Provide massage treatments	Core
HLTWHS004	Manage work health and safety	Core
BSBESB401	Research and develop business plans	Core
CHCPOL003	Research and apply evidence to practice	Core
CHCPRP005	Engage with health professionals and the health system	Core
HLTAAP003	Analyse and respond to client health information	Core
HLTMSG013	Perform remedial massage musculoskeletal assessments	Core
HLTMSG014	Provide remedial massage Core treatments	
HLTMSG015	Adapt massage treatments to meet specific needs	Core
HLTMSG016	Apply principles of pain neuroscience	Core
HLTMSG017	Apply remedial massage clinical practice	Core
BSBESB404	Market new business ventures	Elective
CHCCCS038	Facilitate the empowerment of people receiving support	Elective
SIRXOSM002	Maintain ethical and professional standards when using social media and online platforms	Elective

# TRAINING AND ASSESSMENT INFORMATION

This course is delivered face-to-face in a classroom-based setting and in the context of a work placement in a massage clinic located at Level 6, 460 Bourke Street MELBOURNE VICTORIA 3000, AUSTRALIA. The timetable for this course will be advised in your Offer Letter and Student Agreement.

You are required to attend classes for 20 hours per week for 88 study weeks (8 terms of 11 weeks each). In addition to classroom-based learning, you will also need to complete approximately 2 hours of additional, unsupervised study per week including general reading and research for assessments.

A work placement of 200 hours is also required. Holiday breaks are a total of 16 weeks and will be indicated in your timetable. Class sessions include a mix of theory, practical activities, and real customer massage sessions with a focus on creating a real-life workplace.

You will also need to complete assessments for this course which may include:

Written questions

Projects

Presentations

Reports

Role plays/Observations

Practical Demonstrations

Logbooks and real massage sessions

At the beginning of each unit, your trainer and assessor will outline the assessment tasks that must be completed. Your classes will be conducted in modern classrooms, and you will be able to access Wi-Fi. There are also areas for you to relax, as well as conduct additional study. All practical demonstrations and work placements will be conducted at Level 6, 460 Bourke Street, MELBOURNE VICTORIA 3000, AUSTRALIA that has access to all resources and facilities available at a typical massage clinic.

You will be provided with a Student Guides/Learner Guides, PowerPoint presentation and recommended textbooks relevant to each unit in your course.

### **COURSE PROGRESS AND ATTENDANCE**

Satisfactory course progress and attendance is very important to meet visa requirements. Please read the Student Handbook carefully for more information. You will also be provided with further information about course progress and attendance requirements at your orientation.

## STUDENT SUPPORT

We offer the following in relation to support and welfare:

One to one support from the trainer/assessor

Support with personal issues

Access to additional learning resources

4 Reasonable adjustment in assessment

Social events

Information about external sources of support

You may not have studied for a while, may have English as a second language or need additional assistance with literacy or numeracy.

We will identify any additional support needs you may have at the time of application and enrolment and may prepare a student support plan for you based on those needs.

# **RESOURCE REQUIREMENTS**

You are required to bring your own laptop with Office 365 (or similar program) to all classes. These costs are not included in your course fees. Specifications for laptops and associated costs are included below.

# PC

Minimum re	auirements
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Processor	Intel® or AMD processor with 64-bit support*; 2 GHz or faster processor Microsoft Windows 10
Operating system	Microsoft Windows 10
RAM	2 GB or more of RAM (8 GB recommended
Hard disk space	4 GB or more of available hard-disk space for 64-bit installation; additional free space required during installation.
Monitor resolution	1024 x 768 display (1280x800 recommended) with 16-bit colour and 512 MB or more of dedicated VRAM; 2 GB is recommended.
Graphics processor acceleration requirements	OpenGL 2.0-capable system
Internet	Internet connection and registration are necessary for required software activation, validation of subscriptions, and access to online services.

# **MacOS**

# Minimum requirements

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Processor	Multicore Intel processor with 64-bit support
Operating system	Big Sur
RAM	2 GB or more of RAM (8 GB recommended)

Hard disk space	4 GB or more of available hard-disk space for 64-bit installation; additional free space required during installation.
Monitor resolution	1024 x 768 display (1280x800 recommended) with 16-bit colour and 512 MB or more of dedicated VRAM; 2 GB is recommended.
Graphics processor acceleration requirements	OpenGL 2.0-capable system
Internet	Internet connection and registration are necessary for required software activation, validation of subscriptions, and access to online services.
Software (Office 365)	Cost: \$129 annually (approx.)

#### **COURSE CREDIT**

You can apply for recognition of existing qualifications or skills, knowledge, and experience (credit transfer or recognition of prior learning) as per the information included in our International Student Handbook, which is available at <a href="https://www.cmi.vic.edu.au">www.cmi.vic.edu.au</a>

If you are granted course credit, this will affect your course fees as well as the duration of your course. We will advise you in writing of changes to fees or course duration because of the credit. You will also be issued with a new Confirmation of Enrolment. For any questions about course credit, contact us at the details shown below.

## WHAT ARE THE ENTRY REQUIREMENTS?

- Must be at least 18 years of age and have completed the equivalent of Year 12.
- ♣ Participate in a course entry interview/pre-training review to determine suitability for the course and student needs.
- ➡ Have an IELTS\* score of 6.0 (test results must be no more than 2 years old). English language competence can also be demonstrated through documented evidence of any of the following:
  - Educated for 5 years in an English-speaking country; or
  - Within two years of their application date, you have successfully completed in Australia a foundation course or a Senior Secondary Certificate of Education or a substantial part of a Certificate IV or higher-level qualification, from the Australian Qualifications Framework.

<sup>\*</sup>Note that other English language tests such as PTE and TOEFL can be accepted. You are required to provide your results so that we can confirm they are equivalent to IELTS 6.0.

#### **HOW MUCH DOES IT COST?**

Course Fees	Tuition Fee: \$14,800 Non – Tuition Fee: \$700
	Total Course Cost: \$15,500

Course fees do not include uniform, PPE, laptops, or software – see information above.

A detailed payment plan and payment arrangements are provided in the Offer Letter and Student Agreement. You must pay all your course fees and on time. Non-payment of fees may result in cancellation of enrolment.

You are also required to take out Overseas Health Insurance Cover before arriving in Australia. Central Melbourne Institute provides details of OSHC providers in the International Student Handbook.

You can approach any of these providers to find out costs and organise your cover. Additional costs associated with living in Australia are outlined in the International Student Handbook. You should carefully review these costs in relation to budgeting. Further information can be found at <a href="https://www.studyaustralia.gov.au/en/life-in-australia/living-and-education-costs">https://www.studyaustralia.gov.au/en/life-in-australia/living-and-education-costs</a>

#### **HOW CAN I APPLY?**

To apply for this course, you are required to complete an application for enrolment form and submit all required supporting evidence including:

- A copy of your Year 12 or equivalent certificate.
- Proof of English language proficiency as specified in the entry requirements.
- Copy of your identity document such as passport.

## WHERE TO FROM HERE?

If your application is successful, we will send you an Offer Letter and Student Agreement. You should make sure you read through this document carefully to make sure you are happy with all the terms and conditions.

If you are, then simply sign the document and send it back to us. Once we receive this, we will issue you with a Confirmation of Enrolment (COE) letter and an invoice for the first payment. The first day of each course will include orientation and induction.

Orientation will include information about the campus, living in Australia, accessing our support services and methods for achieving success throughout the course, including course progress requirements. This course brochure should be read in conjunction with Central Melbourne Institute's Student Handbook. This can be found online at <a href="https://www.cmi.vic.edu.au">www.cmi.vic.edu.au</a>



The 'Estimated tuition fee' is provided as a **guide only** and accurate at the time of printing, based on typical enrolment of students completing this course within the same year. The cost will vary depending on the units you choose, your study load, the length of your course and any approved Recognition of Prior Learning.